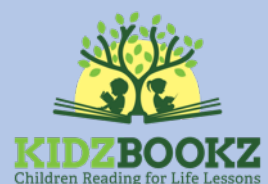


Children's Resilience Storybook Series



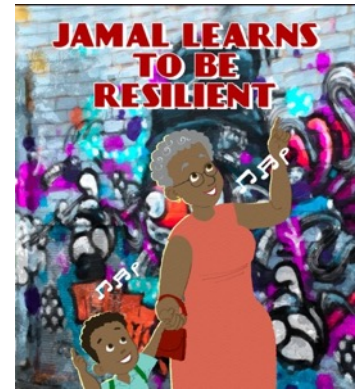
Children will learn to develop the Resilience skills needed to be successful in school and life!

Contact: Allen Rosales
Allen@KidzBookz.com
www.KidzBookz.com



When a young boy encounters a stressful neighborhood and classroom environment, he learns to be resilient to find successful solutions.

Confronting challenges and emotions self-empowers children to overcome obstacles in this vibrant and uplifting story.



CHICAGO, Illinois, July 1, 2021

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Jamal is a kind boy with unique traits who encounters a stressful environment on his way to school. His “Mama” (Grandmother) who walks him to school understands the difficult environment they live in and assures Jamal by telling him “Honey, we are safe as long as we stay together.” But when he engages in classroom activities, feelings of anxiety and fear do not allow him to participate effectively with his teacher and peers. Author Allen Rosales tackles an important social emotional learning topic that empowers children with solution skills in his new picture book *Jamal Learns to Be Resilient*, the first in a four-book series.

Jamal does not feel safe by the loudness of the classroom. When asked to participate in activities he says, “I don’t want to!” and he walks away. Crying, Jamal was buoyed by his teacher who told him, “Sometimes we have to learn to become resilient. That means that we have to learn to communicate our emotions nicely and find solutions to the things that bother us.”

Jamal felt strengthened by his teacher’s words and begins to draw pictures of the life experiences that make him feel scared. He shares his drawings and feelings with the class and then tells his teacher that his mama sings him a special song when he feels scared. The whole class sings the special song and Jamal begins to feel safe and happy. Jamal feels good that confronting his fears enabled him to create a solution for himself.

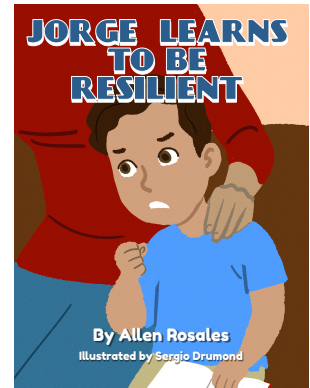
Families, teachers, and librarians will enjoy reading additional stories of self-reliance, strength, and resilience in this timely series which provides an opportunity to open up a dialogue about this important life skill.



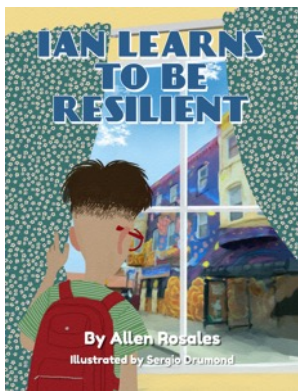
In *Alisha Learns to Be Resilient*, Alisha doesn’t want to go to school. She says school is boring and she wants to stay home. When her mother says she has to go to work and so Alisha must go to school, they walk together down the street, past the grocery store, over the bridge and by the fire station to get there. When she is upset at school, Alisha confides to her teacher that walking to school is scary and makes her sad. Sharing her feelings takes courage and enables her to find a solution with her mom so that their walk to school is a joyful time together.

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In *Jorge Learns to Be Resilient*, Jorge feels happy when he arrives at school and says “buenos días” to his teacher and gives her a special tamale from his neighborhood’s tamale stand. But when his classmates make fun of him for using different words, Jorge is embarrassed and remains silent for the rest of the day. His feelings are hurt. When he talks about his sadness with his teacher, he decides to create drawings that show his feelings. He shares them with his classmates, telling them that he is smart because he knows two languages. When his friends want to learn, too, Jorge feels happy and proud. Facing his emotions helped Jorge’s friends accept and appreciate his cultural heritage.



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In *Ian Learns to Be Resilient*, Ian is happy and excited for his first day of school, with his mom reminding him, “You are beautiful the way you are!” But when his classmates single him out as different and cast him out from playing with them, Ian is frustrated, disappointed, and hurt. After sharing his emotions with the teacher, Ian finds the courage to draw and share his experience with his classmates. The discussion helped his classmates understand their behavior, and Ian is overjoyed when he hears them call out to him, “Come play with us!” Confronting his emotions and sharing his interests and talents helped Ian make new friends.

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Through vibrant illustrations and uplifting stories, Allen expertly weaves tales that are relatable, motivational, and elevating. As he explains in his author message to parents in the back of each book, all children need support developing resilience in order to combat and overcome challenges. Social emotional learning content involving tactics that build resilience proficiency help children to develop critical thinking skills needed to be successful in school and in life. Being able to find solutions on their own empowers children and provides a sense of control.

Author Allen Rosales has a 28-year career in early childhood education. His experience has shown him that family members, teachers, and other educators should engage children in conversations that prepare them for potential negative situations. His new series of picture books provide a platform where children can learn techniques to help them flourish. Furthermore, his stories also show adults that children with less effective behaviors must be treated with equity and fairness.

Jamal Learns to Be Resilient, Jorge Learns to Be Resilient, Alisha Learns to Be Resilient and Ian Learns to Be Resilient will be available on July 1, 2021, but it ready for Pre-Order.

If you would like more information about author Allen Rosales and his *Resilient* picture books, please contact Allen@kidzbookz.com

About the Author

Allen Rosales

Allen Rosales is an author who has worked in the early childhood education field for twenty-eight years. He was inspired to write children's books after observing the inequities that young children of color experience within their neighborhoods and schools. His desire is to provide content that would help the youngest of children to develop the resilience skills needed to confront childhood dilemmas and society obstacles.

Allen gets ideas for his writings from his own life and the experiences of his students and families that he works with in early childhood education. His goal is for his stories to advocate for children and families to provide a proficiency in social emotional learning that will help them be successful in school and in life, particularly those from disadvantaged communities.

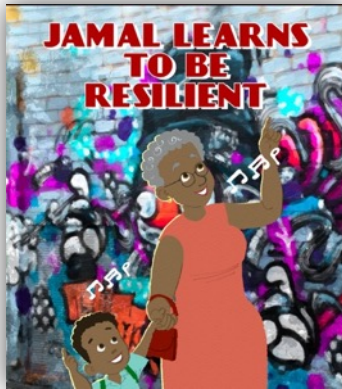
Allen believes that a great children's book is relatable, meaningful, and motivational where the characters, settings, and plot are relevant to the lived experiences of the young readers and that the story provides an opportunity for them to learn a skill that will enhance their lives. He hopes to provide a platform for children and families to develop strong solution-based critical thinking skills so that students have a solid behavioral health foundation when they enter the elementary grades. His books also show adults that children with less effective behaviors must be treated with equity and fairness.

When he isn't writing empowering books on social emotional learning for children, Allen enjoys spending time with his family, praying and meditating, and keeping up with the latest early childhood trends and anti-bias literacy efforts to support his community where he lives in Chicago.

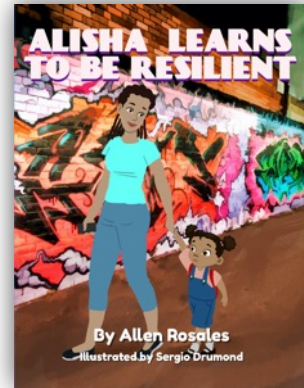
Jamal Learns to Be Resilient is Allen's debut children's fiction book, the first in a four-book series of titles focusing on resilience. He is also the author of a teacher resource book called *Mathematizing: An Emergent Math Curriculum Approach for Young Children*.

Available for Purchase Now on Kindle

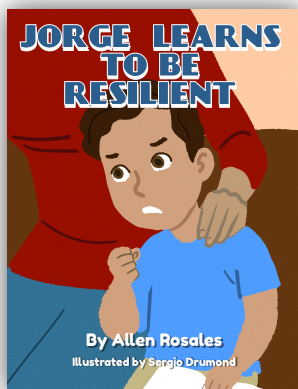
(July 1, 2021 Release date)



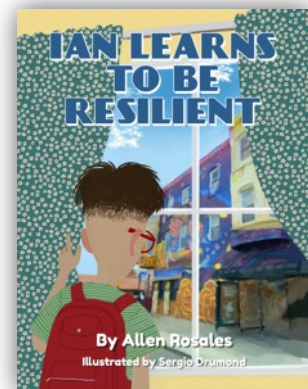
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